



TOOLS FOR HUMAN EVOLUTION™

Audio CDs & Vibrational Essences

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ABOUT ROSELIGHT PRODUCTS

The products in this catalog are designed to help you reach more expanded states of consciousness and to help you integrate that higher vibration in your everyday life. This catalog lists titles; to read product descriptions, visit www.roselight.com, click on Quick Order List and click on any title.

Unless otherwise noted, the CDs are guided meditation journeys and discourses by Amy Skezas, JD, DD, a healer, counselor, teacher, and writer living in the San Francisco Bay area. Most of the CDs also have lovely music which can be purchased separately. For Michael Hammer's music visit www.michaelhammer.com and for Sanaya Roman's music visit www.orindaben.com. The artwork on the CDs is based on calligraphy-style brush paintings by Berry Slok.

ABOUT VIBRATIONAL ATTUNEMENT

The RoseLight home study CDs offer guided meditation journeys and discourses to assist you with your personal, professional, and spiritual growth. The purpose is to help you reach more of your potential as a human being of light by expanding your perspectives, providing practical training in subtle energy skills, and assisting you in the development of a higher vibrational energy state.

When a tuning fork or a crystal goblet sounds a clear pure tone, others nearby will begin to vibrate in resonance, sounding the same high tone. In a similar way, when you listen to the pure energies transmitted through the spoken words and music on these CDs, the substance of your body, emotions, and mind is uplifted and reorganized in the light of your own true inner wisdom. Through these transmissions of spiritual love, light and flow, you can attune yourself to a higher vibrational reality of greater creativity, harmony, and joy. You might think of these CDs as a portal to the harmonious energy that lives inside you, which is always available but not always easily accessible due to the stresses and distractions of modern life.

You are a unique and dynamic person whose perceptions, focus, and perspective are evolving constantly. That is why you can listen to the CDs at various times and hear new or different things, and that is also why each person will have different experiences with the journeys even though the words are the same for everyone.

When setting aside time to meditate, the usual journey time is 20 - 30 minutes, although you may also wish to allow extra time for integrating your experience. You can listen to the CDs lying down, sitting up, walking, or in any way that you like, but please do not listen while driving or operating heavy machinery. We recommend choosing a time and place in which you can relax and let go into your experience completely.

Sometimes people become so relaxed that they may enter an altered state of consciousness and can seem to fall asleep while listening. Although you may not hear the words with your conscious mind, the journey will still be effective and beneficial because your unconscious mind will still absorb the teachings and energetic transmission. So it is fine if you want to use the CDs to relax and sleep. There are no subliminal messages in any of the meditations. If you want to take in the material more consciously, we suggest you listen sitting up, with an empty stomach, and at a time of day when it is easier for you to stay alert.

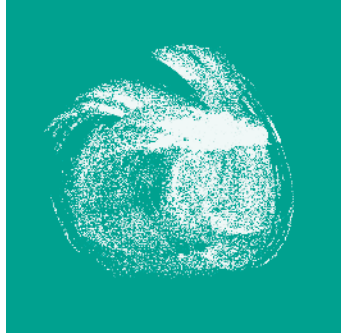
People from all spiritual backgrounds have found these teachings and journeys to be helpful in their growth and development. In the journeys, you may hear words like "Soul and Greater Consciousness," "the listening universe," and "high guides of light." As you are listening, if a word or phrase does not "fit" your world view, you can substitute words that match your beliefs or describe what you are experiencing or observing during the journey. You do not have to believe in angels or have extraordinary perceptive skills to use these CD meditations to good effect. For you to benefit, all that is necessary is your desire to grow and allow shifts in your own life.

The CDs help me create flow and harmony in my life, personal and business. When feeling stuck with a question, emotion, or physical issue I take 30 minutes to play a journey and reset my batteries. The work helps me broaden my perspective of reality, embrace the challenges, and experience the endless potential available to create solutions, peace, and love.

—Greet Dom, MA, CMT, market research consultant, coach

For me, RoseLight's work is the subtlest, most excellent approach to seeing and feeling your deepest patterns, removing entangled energies, and regaining your self-authorization.

—Marianne Renziehausen, Dipl.päd./Heilpraktikerin,
cranial-sacral biodynamic therapist, energy bodyworker



GOLDEN BODY

A new body of light, for growth,
development, & creation

Introduction to Building the Golden Body

Single journey 1 CD \$14.98 CD - HE - IBGB

Heart Ball Introduction: Building the Golden Body, Volume 1

8 journeys 4 CD set \$59.98 CD - HE - GB1

Tones: Building the Golden Body, Volume 2

8 journeys 4 CD set \$59.98 CD - HE - GB2

PREREQUISITE: *Golden Body* CDs, Vol. 1 above.

Also see page 11. More *Golden Body* CD sets will be released over the coming years. Check www.roselight.com to see what is currently available.

The Golden Body energies are helping me balance my body, and helping my clients bring their bodies into balance.

—Fred Parker, RMT, healer, energy bodyworker, spiritual teacher

With the Golden energies, there is optimum opportunity for shifts to happen with ease and grace. For me some long-held patterns and beliefs have been evaporating like mists in the sun. I've actually had a greater love and appreciation for all form than ever before, while at the same time experiencing a deeper awareness of the formless One dancing, flowing and expressing itself.

—Gail Ardouny, graduate, former teacher,
Barbara Brennan School of Healing



ABUNDANCE & MANIFESTING

For creating an abundant life

Faith in an Abundant Universe

Single journey 1 CD \$14.98 CD - AB - FAU

Money as Light & Flow

12 journeys 6 CD set \$99.98 CD - AB - MLF

Creating Energy, Building Reserves

12 journeys 6 CD set \$99.98 CD - AB - CEBR

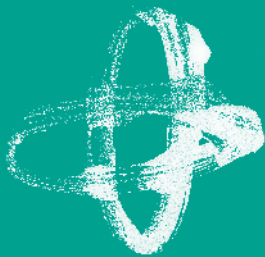
Building Gridworks of Abundant Flow

10 journeys 5 CD set \$77.98 CD - AB - GAF

We suggest beginning with the *Faith* single and the *Money as Light & Flow* set, then going on to the more advanced sets.

The RoseLight abundance and manifesting teachings have worked for me since day one! My fears and constraints went out the window. In came the confident belief that all is possible... After three weeks of classes and listening to tapes we bought a beautiful home. We didn't even go looking for it—it came to us!

—Andrea Visconte, businesswoman, caterer



RELATIONSHIP

With loved ones, colleagues, & your inner self

Beliefs Through the Eyes of the Child

Single journey 1 CD \$14.98 CD - REL - BEC

Building a Base of Trust

Single journey 1 CD \$14.98 CD - REL - BT

Creating Yourself with Light

Single journey 1 CD \$14.98 CD - REL - CYL

Healing Generational Karma

Single journey 1 CD \$14.98 CD - REL - HGK

Observing Patterns & The Law of Attraction

Single journey 1 CD \$14.98 CD - REL - OP

Preparing for Birth

For self re-birthing or preparing for a baby

Single journey 1 CD \$14.98 CD - REL - PB

Relationship: Soul Embodiment

12 journeys 6 CD set \$99.98 CD - REL - RSE

Relationship: Living as a Radiant Being

18 journeys 9 CD set \$134.98 CD - REL - RLRB

Relationship: Cycles of Birth & Rebirth

12 journeys 6 CD set \$99.98 CD - REL - RCB

The Relationship CDs cover all the family of origin issues. They can heal generational patterns. They bring about deep changes, not just in this lifetime, but in every other lifetime.

—Chris Wolf, MS, AAMFT, family therapist



TRANSITIONS

For navigating change

Choosing Well

Single journey 1 CD \$14.98 CD - TR - CW

Riding Higher Flows

Single journey 1 CD \$14.98 CD - TR - RHF

A Light Being's Guide to the Earthchanges

Audio book 1 CD \$14.98 CD - TR - EC

Preparing for Birth

For self re-birthing or preparing for a baby

Single journey 1 CD \$14.98 CD - REL - PB

Bringing Light to Death & Dying

12 journeys 6 CD set \$99.98 CD - TR - LDD

Thank you once more for creating the Death & Dying journeys... I can't begin to tell you how helpful they've been as I've worked with elderly people... The group energy and the journeys are really helping me and also everyone else... Oh my, this consciousness is so needed here...

—Inger Smith, healer, counselor, spiritual teacher

I used Preparing for Birth when I was pregnant with my daughter to relax and relieve my fears and doubts about the whole process. It helped me to connect with her as a being of light while she was still in my womb, and helped to make her entry into this world a beautiful experience. I continue to use it as a support for our evolving relationship together.

—Debra Byer, DC, LAc, chiropractor, acupuncturist



JOY

For greater consciousness of joy

Manifesting Joy

Single journey	1 CD	\$14.98	CD - J - MJ
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Sourcing Joy

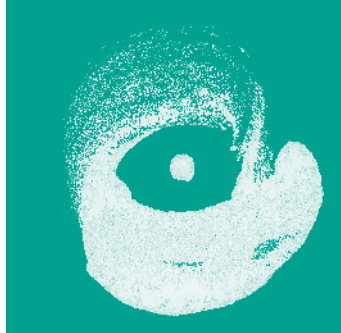
Single journey	1 CD	\$14.98	CD - J - SJ
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Joy: The Vibratory Translation of the New Group Work

Single journey	1 CD	\$14.98	CD - J - VT
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Wow, pure love, pure joy, this is dynamite! Your work is incredibly inspiring and elevating, and what a great service this is for humanity!

—Louise Blais, astrologer



PEACE

For inner peace & world peace

Radiant Sun of Your Heart

Single journey 1 CD \$14.98 CD - P - RSH

Peace as an Act of Beauty

Single journey 1 CD \$14.98 CD - P - PAB

Chakras of Peace

Single journey 1 CD \$14.98 CD - P - CP

Creating Space for Peace

Single journey 1 CD \$14.98 CD - P - CSP

Community of World Peace

Single journey 1 CD \$14.98 CD - P - CWP

A portion of the proceeds from the sales of the *Peace* CDs is contributed to benefit Tibetan monks in exile in South India. The monks of Ling Khangtsen linked with us from across the globe during these *Peace* meditations. They ask that you hold a vision that the karma between Tibet and China is cleared. Visit www.tibetanlamafund.org if you would like to make a donation to the monks directly or learn more about them.

Compassion and the sincere desire to end the suffering of all living beings to me is the hallmark of a good human being. What sweeter goal can we have? RoseLight World Peace Meditations accomplish this in a heartfelt and powerful way. I have heard the monks say that they really enjoy sharing their meditations with the group. Let's ride this wave together to enlightenment!

—D. Arnold, Buddhist practitioner



LIFE'S WORK

For purposeful spiritual expression in
work & career

Commitment to Your Path

Single journey 1 CD \$14.98 CD - LW - CP

Identity, Purpose, Flow

Single journey 1 CD \$14.98 CD - LW - IPF

Purpose & Inspiration

Single journey 1 CD \$14.98 CD - LW - PI

Introduction to Group Energy Fields

Single journey 1 CD \$14.98 CD - LW - GEF

Birthing Organizational Structures

12 journeys 6 CD set \$99.98 CD - LW - BOS

All these journeys have helped me to discover and build upon my own life's work. I often use them in my classes as a tool to help others illuminate their paths. And, whether building a business, a team, a home, or a family, listening to Birthing Organizational Structures is a great way to receive a vision and then bring it into reality. It's like discovering an energetic treasure map for your next new project!

—Deborah Coburn, MDiv, entrepreneur, spiritual teacher, mom, wife

The Life's Work meditations provide valuable support, guidance, and inspiration... I turn to them to gain insight when dealing with organizational issues, building and leading teams, deciding where to focus my attention, and looking to ignite a creative spark in my life that will motivate others as well as myself. I appreciate the wisdom that is shared in these journeys and the clarity that I experience from listening to them.

—J. Thom, MPA, MMQ, healer, spiritual teacher, entrepreneur



PROFESSIONAL DEVELOPMENT

For those who serve others

Practitioner's Ethics

12 journeys 6 CD set \$99.98 CD-HE-ETHP

Self-Care & Self-Empowerment Through Energy Awareness

by Nancy Reuben, MD

28 tracks 6 CD set \$99.98 CD-SCSETEA

Renewal Triangle Attunement 1: Building the Golden Body

6 journeys 3 CD set \$44.98 CD - C - GBRTA1

PREREQUISITE: *Golden Body* CDs Vol. 1 & 2 (page 4). For students of *Renewal* (see www.gauden.org).

If you wish to be of greater service by being more of who you truly are, these CDs offer a powerful, fulfilling, and deeply satisfying way of being in the world.

—Diane Wian, data base consultant, salesperson, business leader

For a long time my professional development was enhanced by supervision, workshops, and conversations with colleagues. When I started meditating with the Golden Body, it was like adding high quality natural fertilizer to a fruit orchard. My intuition grew stronger, my connection with clients was filled with my heart, and the direction of our work began unfolding with greater fluidity in the direction of our true nature and purpose.

—Charles O. Sherman, Jr. (Randy), MA, NYMFT, husband, father



PHYSICAL, ATOMIC, & CELLULAR EVOLUTION (PACE)

For deep restructuring into light

Perfection of Choice

Single journey	1 CD	\$14.98	CD - HE - PC
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The Place of Calm Repose

Single journey	1 CD	\$14.98	CD - HE - PCR
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PACE: Physical, Atomic, Cellular Evolution Practitioner's Foundations

Interdimensional bodywork & exploration of consciousness

18 journeys, self-care	8 CD set	\$134.98	CD - HE - PACEPF
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PREREQUISITES: *Perfection of Choice & The Place of Calm Repose* CDs, above.

NOTE: The CD set above is for self-exploration, the first step in self-healing and in learning to work with others. To properly practice PACE with others, you need further training. See www.roselight.com and click on Energy Bodywork then click on Practitioner Training.

The miracles continue to occur. . .

—Joan & Tom Rudholm, MDiv, counselors, artists, teachers

For me it was so special: all of a sudden, I understood every word you spoke on the CDs. I felt my teacher-guide always standing in front of me, and I felt an initiation while the sunlight fell on me from above.

—Barbara Thum-Flemming, PhD, psychotherapist



FLOW

For joining with life in fulfillment

FAC: Flow Alignment & Connection Practitioner's Foundations

Interdimensional bodywork & exploration of consciousness

12 journeys, self-care 6 CD set \$99.98 CD - HE - FACPF

PREREQUISITE:

Basic Light Body CDs, Vols. 1 - 6, www.orindaben.com

NOTE: This CD set above is for self-exploration, the first step in self-healing and in learning to work with others. To properly practice FAC with others, you need further training. See www.roselight.com and click on Energy Bodywork then click on Practitioner Training.

Placing Light in Matter

14 journeys 6 CD set \$99.98 CD - FAC - PLM

PREREQUISITE: *FAC Practitioner's Foundations* CDs, above, and *Basic Light Body* CDs, Vols. 1 - 6, www.orindaben.com.

*I just want to give this energy to the whole world! It's a merciful blessing,
a most magnificent way of opening to higher energies and gracefully
redirecting the course of your life.*

—Mary Pat Mahan, MEd, FAC practitioner and teacher



TEACHER TRAINING

For spiritual teachers

Preparing to Teach with Light

Single journey 1 CD set \$14.98 CD - T - PTT

Teaching with Light Basics

12 journeys 6 CD set \$99.98 CD - T - TWL1

Teaching with Light 2: Purpose & Dynamic Pattern

12 journeys 6 CD set \$99.98 CD - T - TWL2

PACE Teacher Training

12 journeys 6 CD set \$99.98 CD - T - PACETT

PREREQUISITES: *PACE Practitioner's Foundations* CDs, page 12 and live *PACE Practitioner's Foundations* seminar, www.gauden.org

FAC Teacher Training

12 journeys 6 CD set \$99.98 CD - T - FACTT

PREREQUISITES: *FAC Practitioner's Foundations* CDs, page 13 and live *FAC Practitioner's Foundations* seminar, www.gauden.org

NOTE: The *PACE Teacher Training* and *FAC Teacher Training* CD sets are support materials in a teacher training program, which is required if you wish to teach PACE and FAC classes. Please see www.roselight.com and click on Energy Bodywork then click on Teacher Training.

When I embarked upon the PACE and FAC teacher training programs, I did so without expectation. In the process, though, I found that they helped me to concentrate my awareness and deepen my sense of connection; I found that they helped me more fully to know the Divine in all and to know all as the Divine. Then later, while actually teaching classes, I sensed the joy of offering tools that help to reduce the pain and make life better; I sensed the joy of fulfilling one of my life purposes.

—Thomas Ayers, MDiv, EdD, spiritual counselor, practitioner, teacher



VIBRATIONAL ESSENCES

For raising energy vibration

Balance

1 dropper bottle / 1 fl oz \$14.98

Brandy base

VEB001

Vinegar base

VEV001

How can I use the Vibrational Essences?

Simply place one drop anywhere you would like to focus the Vibrational Essence—great for healing rooms, meditation spaces, work cubicles, chakras, etc. The transmission continues long after the liquid evaporates.

How do Vibrational Essences work?

You are a physical being, but also an energy being. Your energy field affects your physical vitality, emotional flow, and mental fluidity, as well as the probabilities you attract which then manifest as life situations. Our Vibrational Essences are designed to bring you support through transmissions of spiritual love, light, and flow from the Angelic realms and the Nature kingdoms. Like our CD meditation journeys, these Vibrational Essences help you connect with your own inner spiritual love, light and flow. The Vibrational Essences work directly in your energy field; the medium of the transmission is purified water, preserved in either brandy or white vinegar.

I use the essence in our home with special attention to the children's bedrooms and communal living spaces... For the emergency inducement of my third child I used the essence in the delivery room, with more than one person remarking on how calm and positive everyone seemed to be despite the unexpected circumstances.

—Jose de Lasa, JD, small business owner, husband, father

FOR FURTHER STUDY

RoseLight is an educational organization founded in 1990 by Amy with her guide of light, Athabascar.

If you would like a private telephone consultation, we offer channeling with Athabascar; long distance FAC and PACE energy bodywork; and Radiant Reflection, a form of spiritual counseling combining Golden Energies with reflection upon your work as a helping professional or service worker. For more information visit www.roselight.com and click on Consultations.

You may wish to attend the live teachings given by Amy and Athabascar, which are keyed to the shifts in consciousness that Athabascar feels are next for mass consciousness and to best help the people who are interested in the seminar. Sometimes distance participation is an option. For more information visit www.roselight.com and click on Seminars.

You may wish to explore the weekend seminars and the programs for continuing education and growth, vocational certificates, and academic degrees at Gauden University, where some of our products are part of the curriculum. Gauden offers spiritual Healer Counselor, Minister, and other certifications and Master's level academic divinity degrees. Gauden's programs are primarily distance learning; for more information, visit www.gauden.org.

Every Wednesday from 6:00 to 6:30 PM Pacific Time, Amy sits in meditation and transmits supportive energy. Feel free to join from wherever you are. For more information visit www.roselight.com and click on Connection then click on Wednesday Transmissions.



RoseLight

www.roselight.com

Voice mail 707-782-1948

Fax 707-782-1936

PO Box 2506 Petaluma, CA 94953

Our mailing list is never rented or sold.

ORDER FORM

If faxing or mailing your order, please indicate quantity and calculate price for each item you wish to purchase, or purchase online with secure PayPal payment at www.roselight.com and your totals will be calculated for you.

PRODUCT	PRICE	QUANTITY	SUBTOTAL
A Light Being's Guide to the Earthchanges	\$14.98	x _____	= _____
Beliefs Through the Eyes of the Child.....	\$14.98	x _____	= _____
Birthing Organizational Structures	\$99.98	x _____	= _____
Bringing Light to Death & Dying.....	\$99.98	x _____	= _____
Building a Base of Trust	\$14.98	x _____	= _____
Building Gridworks of Abundant Flow	\$77.98	x _____	= _____
Building the Golden Body, Vol1: Heart Ball Introduction	\$59.98	x _____	= _____
Building the Golden Body, Vol 2: Tones	\$59.98	x _____	= _____
Chakras of Peace.....	\$14.98	x _____	= _____
Choosing Well.....	\$14.98	x _____	= _____
Community of World Peace.....	\$14.98	x _____	= _____
Creating Space for Peace.....	\$14.98	x _____	= _____
Commitment to Your Path.....	\$14.98	x _____	= _____
Creating Energy, Building Reserves.....	\$99.98	x _____	= _____
Creating Yourself with Light	\$14.98	x _____	= _____
FAC Practitioner's Foundations	\$99.98	x _____	= _____
FAC Teacher Training.....	\$99.98	x _____	= _____
Faith in an Abundant Universe.....	\$14.98	x _____	= _____
Healing Generational Karma.....	\$14.98	x _____	= _____
Identity, Purpose, Flow	\$14.98	x _____	= _____
Introduction to Building the Golden Body	\$14.98	x _____	= _____
Introduction to Group Energy Fields	\$14.98	x _____	= _____
Joy: The Vibratory Translation of the New Group Work	\$14.98	x _____	= _____
Manifesting Joy.....	\$14.98	x _____	= _____
TOTAL PAGE 17			_____

ORDER FORM

PRODUCT	PRICE	QUANTITY	SUBTOTAL
Money as Light & Flow.....	\$99.98	x _____	= _____
Observing Patterns & The Law of Attraction	\$14.98	x _____	= _____
PACE Practitioner's Foundations.....	\$134.98	x _____	= _____
PACE Teacher Training.....	\$99.98	x _____	= _____
Peace as an Act of Beauty.....	\$14.98	x _____	= _____
Perfection of Choice	\$14.98	x _____	= _____
Placing Light in Matter	\$99.98	x _____	= _____
Practitioner's Ethics	\$99.98	x _____	= _____
Preparing for Birth.....	\$14.98	x _____	= _____
Preparing to Teach with Light.....	\$14.98	x _____	= _____
Purpose & Inspiration	\$14.98	x _____	= _____
Radiant Sun of Your Heart	\$14.98	x _____	= _____
Relationship: Cycles of Birth & Rebirth	\$99.98	x _____	= _____
Relationship: Living as a Radiant Being	\$134.98	x _____	= _____
Relationship: Soul Embodiment	\$99.98	x _____	= _____
Renewal Triangle Attunement 1: Building the Golden Body.....	\$44.98	x _____	= _____
Riding Higher Flows.....	\$14.98	x _____	= _____
Self-Care & Self-Empowerment Through Energy Awareness.....	\$99.98	x _____	= _____
Sourcing Joy	\$14.98	x _____	= _____
Teaching with Light Basics	\$99.98	x _____	= _____
Teaching with Light 2: Purpose & Dynamic Pattern	\$99.98	x _____	= _____
The Place of Calm Repose.....	\$14.98	x _____	= _____
Vibrational Essence / Brandy Base.....	\$14.98	x _____	= _____
Vibrational Essence / Vinegar Base	\$14.98	x _____	= _____
TOTAL PAGE 18			_____

ORDER FORM

You can **order online** using secure PayPal payment. Go to www.roselight.com and click on Quick Order List. Your shipping and handling and any applicable California sales tax will be calculated based on current rates. However, if you prefer, you can fill out the order form on pages 17, 18 and 19, and fax to **707-782-1936** or mail your order. We will calculate the S/H and CA sales tax if applicable and charge your card accordingly. We ship by US mail.

NAME _____

ADDRESS _____

CITY _____ STATE _____

ZIP/POSTAL CODE _____ COUNTRY _____

EMAIL _____

DAY PHONE _____

FAX _____

VISA MASTERCARD AMEX

CARD NUMBER _____ ZIP CODE _____

EXP. DATE _____ SECURITY CODE _____

SIGNATURE _____

PRINT NAME _____

PRODUCT SUBTOTAL FROM PAGE 17: _____

PRODUCT SUBTOTAL FROM PAGE 18: _____

PRODUCT TOTAL: _____

S/H and sales tax (CA residents only) will be added to your product total and charged to your card.

Returns & Replacements Policy: We will gladly replace any defective CD if you notify us of the defect within 45 days of purchase; in some cases, we may ask you to return it to us for inspection. Often what appears to be a defect can be cured by cleaning the disc and cleaning your CD player; please try that first before requesting a replacement. To return products and receive a refund of the product price minus a 15% restocking fee, the product seal must be intact and not tampered with and the product must reach us in resalable condition (not damaged in shipping, etc.) within 45 days of purchase.



PO Box 2506 Petaluma, CA 94953

You are a being of free will. It is your dance of co-creation that allows you to express this divinity in your unique ways to make your mark, to sound your tone, to allow the beauty of your divine pattern to express and play out into the world.

—Athabascar

RETURN SERVICE REQUESTED

